




New US Youth Soccer Initiatives

FALL 2016



Revisions: 2016 US Youth Soccer Initiatives

Revision History

NO.	DATE	REVISION	PAGE #	RESP.
*	7/26/2016	INITIAL RELEASE	*	SF
 1	8/16/2016	Field Changes (u10),Goal Size (11), Number of Players (add punting), Game Duration (u7 Change),Start of Game/Offsides,	5, 6, 7, 9, 13	SF

Changes Coming for 2016-2017 Soccer Year

- Field Changes
 - Dimensions
 - Goal Size
 - Number of Players
 - Game Duration
- Player Safety (Heading)
- Birth Year Registration



REASONS FOR THE CHANGES?

- Create an environment of constant involvement
- Increase soccer intelligence and on ball skills by age appropriate field sizes
- More time to develop the individual through a small sided environment
- Birth year move from Aug-July to Jan-Dec



FIELD CHANGES

Current

New

U6	15yds x 25yds	➔	U6	30yds x 20yds
U7	30yds x 20yds	➔	U7	30yds x 20yds
U8	30yds x 20yds	➔	U8	30yds x 20yds
U9/10	60yds x 40yds	➔	U9/10	¹ 60yds x 40yds (Revised 8/16/2016)
U11/12	80yds x 50yds	➔	U11/12	75yds x 47 yds



GOAL SIZE CHANGES



GOAL SIZE

	<u>Current</u>			<u>New</u>
U6	4ft x 6ft	➡	U6	4ft x 6ft
U7	6ft x 10ft	➡	U7	4ft x 6ft
U8	6ft x 12ft	➡	U8	4ft x 6ft
U9/10	6ft x 18ft	➡	U9/10	6.5ft x 18.5ft
U11/12	7ft x 21ft	➡	U11/12	7ft x 21ft

NUMBER OF PLAYERS



NUMBER of PLAYERS

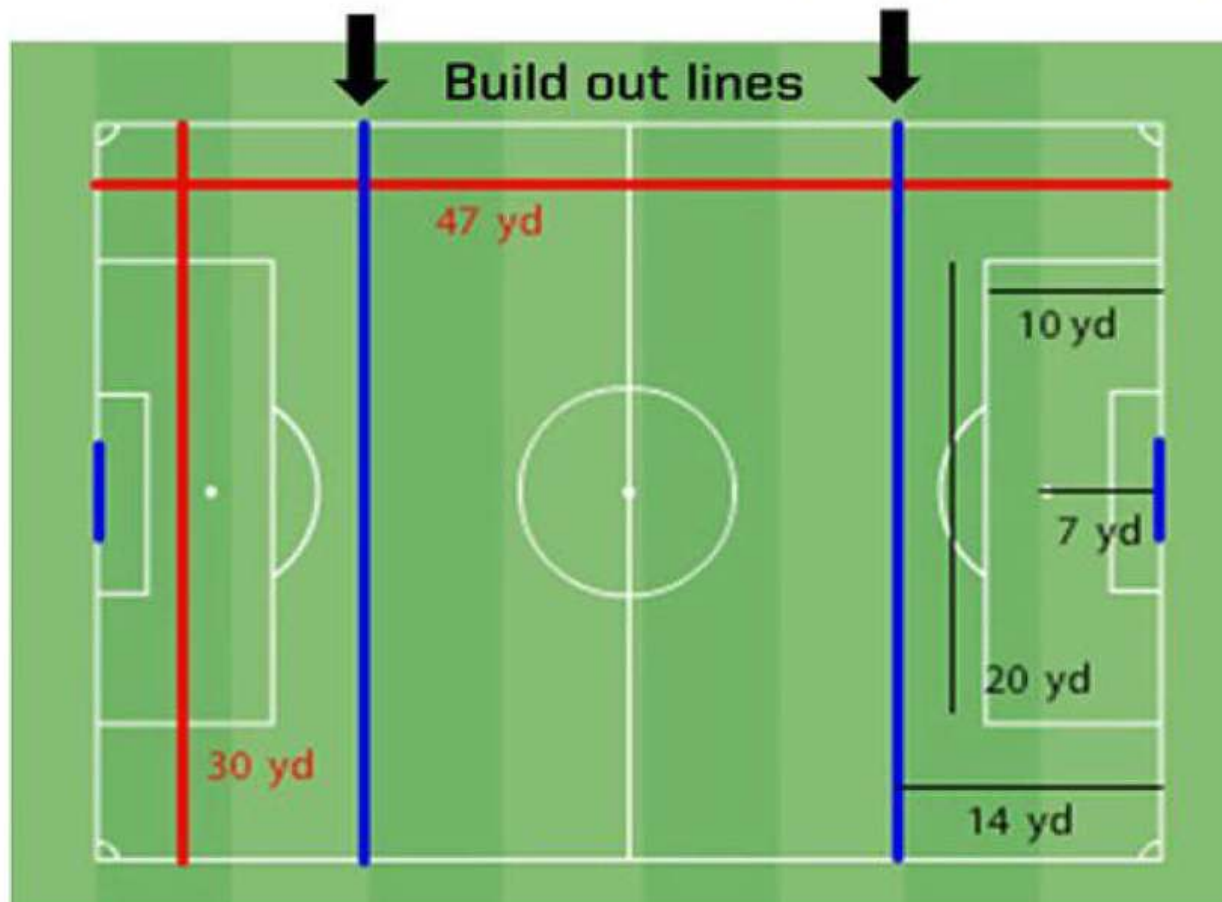
Current

New

U6	3v3	GK NO	➔	U6	4v4	GK NO	No Punting/ No Drop Kicks
U7	4v4	GK NO	➔	U7	4v4	GK NO	No Punting/ No Drop Kicks
U8	5v5	GK YES	➔	U7/8	4v4	GK NO	No Punting/ No Drop Kicks
U9/10	6v6	GK YES	➔	U9/10	7v7	GK YES	No Punting/ No Drop Kicks
U11	8v8	GK YES	➔	U11	9v9	GK YES	No Punting/ No Drop Kicks ¹
U12	8v8	GK YES	➔	U11	9v9	GK YES	Punting Allowed

(Revised 8/16/2016)

Build Out/Retreat Lines for 7v7 (U9/U10)



Promotes playing the ball out of the back with no pressure.

When keeper has the ball, opposing team has to retreat behind the line. (for goal kicks as well)
Keeper passes, throws or rolls the ball into play.

NO PUNTING

Once the ball crosses the line or another player touches the ball, opposing team can cross the line and play continues as normal.

GAME DURATION

NUMBER of PLAYERS

Current

New



U6	4-8 min QTRS	➔	U6	4-8 min QTRS
U7	4-10 min QTRS	➔	U7	¹ 4-8 min QTRS (Revised 8/16/2016)
U8	4-12 min QTRS	➔	U8	3-15 min Periods
U9/10	2-25 min Halves	➔	U9/10	2-25 min Halves
U11/12	2-30 min Halves	➔	U11/12	2-30 min Halves

U.S. Soccer Safety Campaign & Concussion Initiative



- Eliminates heading for children 10 and under. Includes U11 because players can be 10 years old at the beginning of the season.
- Limits the amount of heading in practice for children between the ages of 11 and 13.

*US YOUTH SOCCER
planned
announcement to
occur Aug-begin
2016*

MUSA RULES FOR HEADING

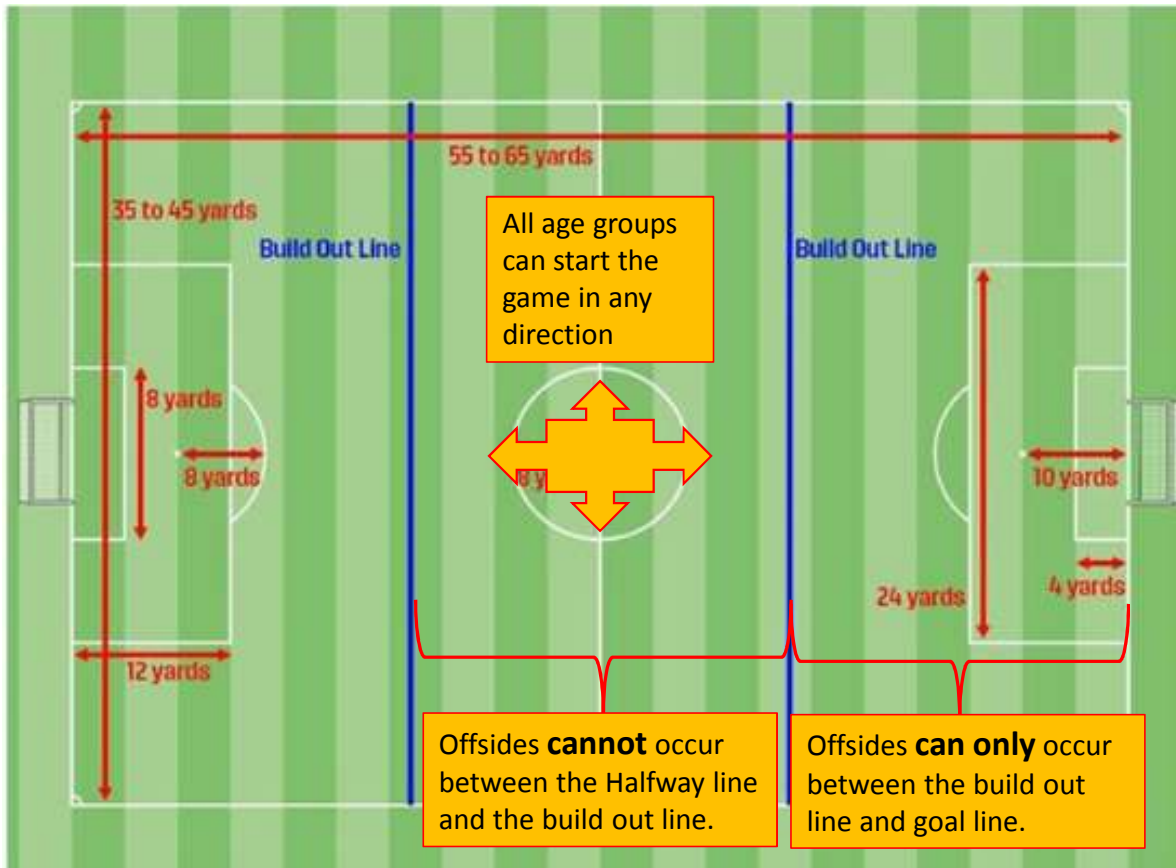
- When a player deliberately heads the ball in a game- an indirect free kick should be award to the opposing team for the spot of the offense.
- If the deliberate header occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the point nearest to where the infringement occurred.
- If a player does not deliberately head the ball, then play should continue.

BIRTH YEAR REGISTRATION

- Players will be placed on teams based on the year of their birth VS school calendar.
- Align with international standards and Youth National Team programs (Currently only the US and Canada use the school calendar for age groups).
- Coaches can focus on the physiological and developmental needs of the player based on age.
- This change is intended to provide an environment where the player can be emotionally and socially involved with their teams.

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Start of Game and Offsides



- All age groups can start the game in any direction
- Offsides cannot occur between the halfway line and the buildout line
- Offsides can occur between the buildout line and the goal line

Official KYSA 2016 Standards Matrix

	U6	U7	U8	U9	U10	U11	U12
Number of Players	4v4	4v4	4v4	7v7	7v7	9v9	9v9
Field Size Length Range (Yards)	25-35	25-35	25-35	55-65	55-65	70-80	70-80
Field Size Width Range (Yards)	15-25	15-25	15-25	35-45	35-45	45-55	45-55
GK	No	No	No	Yes	Yes	Yes	Yes
Playing Time (Minutes)	4x8	4x8	3x15	2x25	2x25	2x30	2x30
Break Time (Minutes)	5	5	5	10	10	10	10
Ball Size	3	3	3	4	4	4	4
Goal Size (Feet)	4x6	4x6	4x6	6.5x18.5	6.5x18.5	7x21	7x21
Offside	No	No	No	Yes	Yes	Yes	Yes
Deliberate Heading	No	No	No	No	No	No	Yes
GK Punting/Drop Kick Permitted	No	No	No	No	No	Yes	Yes

7v7 Modified Laws of the Game

- **Law 1 –Field of Play**
- •55-65 yards (length)
- •35-45 yards (width)
- •Goals should be no larger than 6.5 feet (height) x 18.5 feet (width)
- •A 6.5 feet (height) x 12 feet (width) goal is recommended based on the age and ability of the players
- •Diagram contains recommended field markings and dimensions
- •Build out lines should be equidistant between the penalty area line and halfway line

7v7 Modified Laws of the Game

- **Law 2 –Ball**
 - •Size 4
- **Law 3 –Players**
 - •7v7 (6 field players and 1 goalkeeper)
 - •Game may not start or continue if there are less than 5players on a team
 - •Substitutions are unlimited and can occur at any stoppage

7v7 Modified Laws of the Game

- **Law 5 –Referee**

- •Minimum certification as a U.S. Soccer Grade 9 Referee

- **Law 6 –Other Match Officials**

- •Used at the discretion of the competition

- **Law 7 –Duration of the Match**

- •2 halves
- •25 minutes halves
- •10 minute halftime
- •No added time

9v9 Modified Laws of the Game

- **Law 1 –Field of Play**
- •70-80 yards (length)
- •45-55 yards (width)
- •Goals should be no larger than 7feet (height) x 21 feet (width)
- •A 6.5 feet (height) x 18.5 feet (width) goal is recommended based on the age and ability of the players
- •Diagram contains recommended field markings and dimensions
- **Law 2 –Ball**
- •Size 4

9v9 Modified Laws of the Game

- **Law 3 –Number of Players**

- •9v9 (8 field players and 1 goalkeeper)
- •Game may not start or continue if there are less than 6 players on a team
- •Substitutions are unlimited and can occur at any stoppage

- **Law 5 –Referee**

- •Minimum certification as a U.S. Soccer Grade 9 Referee

- **Law 6 –Other Match Officials**

- •Used at the discretion of the competition authority

9v9 Modified Laws of the Game

- **Law 7 –Duration of the Match**
- •2 halves
- •30 minutes halves
- •10 minute halftime
- •No added time